

# 800 X Fitness Test

800X Points	19& Under	20-29	30-39	40-49	50-54	55-59	60-64	65-69	70-74	75+	800X Points
100	02:00	02:06	02:12	02:18	02:24	02:27	02:33	02:36	02:48	03:00	100
99	02:02	02:08	02:14	02:20	02:26	02:29	02:36	02:39	02:51	03:03	99
98	02:04	02:10	02:16	02:23	02:29	02:32	02:38	02:41	02:54	03:06	98
97	02:06	02:12	02:19	02:25	02:31	02:34	02:41	02:44	02:56	03:09	97
96	02:08	02:14	02:21	02:27	02:34	02:37	02:43	02:46	02:59	03:12	96
95	02:10	02:16	02:23	02:30	02:36	02:39	02:46	02:49	03:02	03:15	95
94	02:12	02:19	02:25	02:32	02:38	02:42	02:48	02:52	03:05	03:18	94
93	02:14	02:21	02:27	02:34	02:41	02:44	02:51	02:54	03:08	03:21	93
92	02:16	02:23	02:30	02:36	02:43	02:47	02:53	02:57	03:10	03:24	92
91	02:18	02:25	02:32	02:39	02:46	02:49	02:56	02:59	03:13	03:27	91
90	02:20	02:27	02:34	02:41	02:48	02:52	02:59	03:02	03:16	03:30	90
89	02:22	02:29	02:36	02:43	02:50	02:54	03:01	03:05	03:19	03:33	89
88	02:24	02:31	02:38	02:46	02:53	02:56	03:04	03:07	03:22	03:36	88
87	02:26	02:33	02:41	02:48	02:55	02:59	03:06	03:10	03:24	03:39	87
86	02:28	02:35	02:43	02:50	02:58	03:01	03:09	03:12	03:27	03:42	86
85	02:30	02:38	02:45	02:53	03:00	03:04	03:11	03:15	03:30	03:45	85
84	02:32	02:40	02:47	02:55	03:02	03:06	03:14	03:18	03:33	03:48	84
83	02:34	02:42	02:49	02:57	03:05	03:09	03:16	03:20	03:36	03:51	83
82	02:36	02:44	02:52	02:59	03:07	03:11	03:19	03:23	03:38	03:54	82
81	02:38	02:46	02:54	03:02	03:10	03:14	03:21	03:25	03:41	03:57	81
80	02:40	02:48	02:56	03:04	03:12	03:16	03:24	03:28	03:44	04:00	80
79	02:42	02:50	02:58	03:06	03:14	03:18	03:27	03:31	03:47	04:03	79
78	02:44	02:52	03:00	03:09	03:17	03:21	03:29	03:33	03:50	04:06	78
77	02:46	02:54	03:03	03:11	03:19	03:23	03:32	03:36	03:52	04:09	77
76	02:48	02:56	03:05	03:13	03:22	03:26	03:34	03:38	03:55	04:12	76
75	02:50	02:59	03:07	03:15	03:24	03:28	03:37	03:41	03:58	04:15	75
74	02:52	03:01	03:09	03:18	03:26	03:31	03:39	03:44	04:01	04:18	74
73	02:54	03:03	03:11	03:20	03:29	03:33	03:42	03:46	04:04	04:21	73
72	02:56	03:05	03:14	03:22	03:31	03:36	03:44	03:49	04:06	04:24	72
71	02:58	03:07	03:16	03:25	03:34	03:38	03:47	03:51	04:09	04:27	71
70	03:00	03:09	03:18	03:27	03:36	03:41	03:49	03:54	04:12	04:30	70
69	03:02	03:11	03:20	03:29	03:38	03:43	03:52	03:57	04:15	04:33	69
68	03:04	03:13	03:22	03:32	03:41	03:45	03:55	03:59	04:18	04:36	68
67	03:06	03:15	03:25	03:34	03:43	03:48	03:57	04:02	04:20	04:39	67
66	03:08	03:17	03:27	03:36	03:46	03:50	04:00	04:04	04:23	04:42	66
65	03:10	03:20	03:29	03:38	03:48	03:53	04:02	04:07	04:26	04:45	65
64	03:12	03:22	03:31	03:41	03:50	03:55	04:05	04:10	04:29	04:48	64
63	03:14	03:24	03:33	03:43	03:53	03:58	04:07	04:12	04:32	04:51	63
62	03:16	03:26	03:36	03:45	03:55	04:00	04:10	04:15	04:34	04:54	62
61	03:18	03:28	03:38	03:48	03:58	04:03	04:12	04:17	04:37	04:57	61
60	03:20	03:30	03:40	03:50	04:00	04:05	04:15	04:20	04:40	05:00	60
59	03:22	03:32	03:42	03:52	04:02	04:07	04:18	04:23	04:43	05:03	59

# 800 X Fitness Test

800X Points	19& Under	20-29	30-39	40-49	50-54	55-59	60-64	65-69	70-74	75+	800X Points
58	03:24	03:34	03:44	03:55	04:05	04:10	04:20	04:25	04:46	05:06	58
57	03:26	03:36	03:47	03:57	04:07	04:12	04:23	04:28	04:48	05:09	57
56	03:28	03:38	03:49	03:59	04:10	04:15	04:25	04:30	04:51	05:12	56
55	03:30	03:41	03:51	04:01	04:12	04:17	04:28	04:33	04:54	05:15	55
54	03:32	03:43	03:53	04:04	04:14	04:20	04:30	04:36	04:57	05:18	54
53	03:34	03:45	03:55	04:06	04:17	04:22	04:33	04:38	05:00	05:21	53
52	03:36	03:47	03:58	04:08	04:19	04:25	04:35	04:41	05:02	05:24	52
51	03:38	03:49	04:00	04:11	04:22	04:27	04:38	04:43	05:05	05:27	51
50	03:40	03:51	04:02	04:13	04:24	04:30	04:41	04:46	05:08	05:30	50
49	03:42	03:53	04:04	04:15	04:26	04:32	04:43	04:49	05:11	05:33	49
48	03:44	03:55	04:06	04:18	04:29	04:34	04:46	04:51	05:14	05:36	48
47	03:46	03:57	04:09	04:20	04:31	04:37	04:48	04:54	05:16	05:39	47
46	03:48	03:59	04:11	04:22	04:34	04:39	04:51	04:56	05:19	05:42	46
45	03:50	04:01	04:13	04:25	04:36	04:42	04:53	04:59	05:22	05:45	45
44	03:52	04:04	04:15	04:27	04:38	04:44	04:56	05:02	05:25	05:48	44
43	03:54	04:06	04:17	04:29	04:41	04:47	04:58	05:04	05:28	05:51	43
42	03:56	04:08	04:20	04:31	04:43	04:49	05:01	05:07	05:30	05:54	42
41	03:58	04:10	04:22	04:34	04:46	04:52	05:03	05:09	05:33	05:57	41
40	04:00	04:12	04:24	04:36	04:48	04:54	05:06	05:12	05:36	06:00	40
39	04:02	04:14	04:26	04:38	04:50	04:56	05:09	05:15	05:39	06:03	39
38	04:04	04:16	04:28	04:41	04:53	04:59	05:11	05:17	05:42	06:06	38
37	04:06	04:18	04:31	04:43	04:55	05:01	05:14	05:20	05:44	06:09	37
36	04:08	04:20	04:33	04:45	04:58	05:04	05:16	05:22	05:47	06:12	36
35	04:10	04:23	04:35	04:47	05:00	05:06	05:19	05:25	05:50	06:15	35
34	04:12	04:25	04:37	04:50	05:02	05:09	05:21	05:28	05:53	06:18	34
33	04:14	04:27	04:39	04:52	05:05	05:11	05:24	05:30	05:56	06:21	33
32	04:16	04:29	04:42	04:54	05:07	05:14	05:26	05:33	05:58	06:24	32
31	04:18	04:31	04:44	04:57	05:10	05:16	05:29	05:35	06:01	06:27	31
30	04:20	04:33	04:46	04:59	05:12	05:18	05:32	05:38	06:04	06:30	30
29	04:22	04:35	04:48	05:01	05:14	05:21	05:34	05:41	06:07	06:33	29
28	04:24	04:37	04:50	05:04	05:17	05:23	05:37	05:43	06:10	06:36	28
27	04:26	04:39	04:53	05:06	05:19	05:26	05:39	05:46	06:12	06:39	27
26	04:28	04:41	04:55	05:08	05:22	05:28	05:42	05:48	06:15	06:42	26
25	04:30	04:44	04:57	05:11	05:24	05:31	05:44	05:51	06:18	06:45	25
24	04:32	04:46	04:59	05:13	05:26	05:33	05:47	05:54	06:21	06:48	24
23	04:34	04:48	05:01	05:15	05:29	05:36	05:49	05:56	06:24	06:51	23
22	04:36	04:50	05:04	05:17	05:31	05:38	05:52	05:59	06:26	06:54	22
21	04:38	04:52	05:06	05:20	05:34	05:41	05:54	06:01	06:29	06:57	21
20	04:40	04:54	05:08	05:22	05:36	05:43	05:57	06:04	06:32	07:00	20
19	04:42	04:56	05:10	05:24	05:38	05:45	06:00	06:07	06:35	07:03	19
18	04:44	04:58	05:12	05:27	05:41	05:48	06:02	06:09	06:38	07:06	18
17	04:46	05:00	05:15	05:29	05:43	05:50	06:05	06:12	06:40	07:09	17

# 800 X Fitness Test

800X Points	19& Under	20-29	30-39	40-49	50-54	55-59	60-64	65-69	70-74	75+	800X Points
16	04:48	05:02	05:17	05:31	05:46	05:53	06:07	06:14	06:43	07:12	16
15	04:50	05:05	05:19	05:33	05:48	05:55	06:10	06:17	06:46	07:15	15
14	04:52	05:07	05:21	05:36	05:50	05:58	06:12	06:20	06:49	07:18	14
13	04:54	05:09	05:23	05:38	05:53	06:00	06:15	06:22	06:52	07:21	13
12	04:56	05:11	05:26	05:40	05:55	06:03	06:17	06:25	06:54	07:24	12
11	04:58	05:13	05:28	05:43	05:58	06:05	06:20	06:27	06:57	07:27	11
10	05:00	05:15	05:30	05:45	06:00	06:07	06:22	06:30	07:00	07:30	10
9	05:02	05:17	05:32	05:47	06:02	06:10	06:25	06:33	07:03	07:33	9
8	05:04	05:19	05:34	05:50	06:05	06:12	06:28	06:35	07:06	07:36	8
7	05:06	05:21	05:37	05:52	06:07	06:15	06:30	06:38	07:08	07:39	7
6	05:08	05:23	05:39	05:54	06:10	06:17	06:33	06:40	07:11	07:42	6
5	05:10	05:26	05:41	05:56	06:12	06:20	06:35	06:43	07:14	07:45	5
4	05:12	05:28	05:43	05:59	06:14	06:22	06:38	06:46	07:17	07:48	4
3	05:14	05:30	05:45	06:01	06:17	06:25	06:40	06:48	07:20	07:51	3
2	05:16	05:32	05:48	06:03	06:19	06:27	06:43	06:51	07:22	07:54	2
1	05:18	05:34	05:50	06:06	06:22	06:30	06:45	06:53	07:25	07:57	1